

HEALTH HISTORY FORM

Camp Lawrence & Camp Nokomis

To be completed by Parent or Guardian

Sessions Enrolled: 1 2 3 4 1J 4J _____ YEAR

Camper/Staff Name: _____ Date of Birth: _____ Age at Camp: _____

Camper Home Address: _____
Street Address City State Zip

Parent(s)/Guardian(s) with legal custody to consent in case of illness or injury

Name(s): _____

Preferred Phone Number () _____ Additional Phone Number () _____

Home Address: _____
Street Address City State Zip

Additional contact in the event that the parents cannot be reached

Name: _____ Relationship to Camper: _____

Preferred Phone Number () _____ Additional Phone Number () _____

If you live outside the country, please provide information of a US contact for your child. If you are traveling while your child is at camp, please provide additional contact information in the event that you cannot be reached.

CAMPER HEALTH HISTORY

Which of the following has the participant had?

Measles Mumps Chicken Pox German Measles Hepatitis A Hepatitis B Hepatitis C

Has/does the participant:	Yes	No	Has/does the participant:	Yes	No
1. Ever been hospitalized?			12. Had fainting or dizziness?		
2. Ever had surgery?			13. Passed out/had chest pains during exercise?		
3. Have a chronic or recurring illness/condition?			14. Had mononucleosis (mono) during the past year?		
4. Had a recent illness or infectious disease?			15. Have a problem falling asleep?		
5. Had a recent injury?			16. Have problems with sleepwalking?		
6. Had asthma/wheezing/shortness of breath?			17. If female, had problems with periods/menstruation?		
7. Have diabetes?			18. Have a history of bedwetting?		
8. Ever had a seizure?			19. Have problems with diarrhea/constipation?		
9. Have frequent headaches?			20. Have any skin problems (itching, rash, acne)?		
10. Had problems with ear infections?			21. Ever had back/joint problems?		
11. Wear glasses, contacts, or prescriptive eyewear?			22. Traveled outside the country in the last 9 months?		

Please explain yes answers, noting the number of the question: _____

Campers are expected to participate in swimming. Are you willing for your daughter to use tampons? Yes No N/A

Allergies:

Food Medication The environment (insect stings, hay fever) Other No Known Allergies

If allergic, please describe below what the camper is allergic to, the likely reaction, and how to manage it:

Diet/Nutrition:

Camper eats a regular diet Camper eats a regular vegetarian diet Camper has special food needs (please describe below)

Please call if you have questions about meals.

Mental, Emotional & Social Health: Check yes or no for each question.

Has the camper ever:

- 1. Been treated for attention deficit disorder (ADD) or attention deficit/hyperactivity disorder (ADHD)? Yes No
- 2. Been treated for emotional or behavioral issues (specify)? Yes No
- 3. Been given a psychiatric diagnosis such as depression, OCD, panic/anxiety disorder? Yes No
- 4. During the past 12 months, has seen or is seeing a professional to address mental/emotional health concerns? Yes No

Please explain "yes" answers: _____

MEDICATION INFORMATION

List **ALL** medications being brought to camp. Medications **MUST** be in the original pharmacy container that identifies the name of the medication, dosage, and frequency of administration. Please include appropriate instructions for both prescription and non-prescription medications. Bring enough medication to last the entire time at camp.

Medication 1: _____

Medication 2: _____

Medication 3: _____

PHYSICIAN INFORMATION:

Name of primary care physician: _____ Phone: (____) _____

Name of dentist: _____ Phone: (____) _____

Name of orthodontist: _____ Phone: (____) _____

INSURANCE INFORMATION – MUST BE COMPLETED

The Merrimack Valley YMCA does not carry any form of accident/illness insurance on campers. Parents are responsible for medical or pharmaceutical expenses incurred at camp. You are obliged to provide the camp with the following information:

Is the participant covered by family medical/hospital insurance? Yes No

If yes, **PLEASE PROVIDE A PHOTOCOPY OF THE INSURANCE AND PRESCRIPTION CARD AND ATTACH THE COPY TO THIS FORM.**

Name of primary policy holder: _____ D.O.B. of policy holder: _____

If your child needs to be seen by a health care provider other than our camp nurses, you will be contacted to secure a referral from your primary care provider. Your insurance will be billed and the co-pay will be charged to your child's store account.

PARENT/GUARDIAN AUTHORIZATION FOR HEALTH CARE:

I hereby give permission to the camp to provide routine health care, administer prescribed medications, and seek emergency medical treatment including ordering X-rays or routine tests. I agree to the release of any records necessary for insurance purposes. I give permission to the camp to arrange or provide necessary related transportation for my child. In the event I cannot be reached in an emergency, I hereby give permission to the physician selected by the camp to secure and administer treatment, including hospitalization, for the person named above and to communicate with the primary care physician or orthodontist/dentist if necessary. This completed form may be photocopied as needed. I understand I am responsible for any medical bills not covered by insurance. Camp Lawrence, Camp Nokomis, and the Merrimack Valley YMCA are released herewith of any liability for any medical ministrations for any reason. **The person herein described has permission to engage in all camp activities except as noted. This health history is correct and complete as far as I know.**

PARENT/GUARDIAN SIGNATURE: _____ **DATE:** _____

I also understand and agree to abide by any restrictions placed on my participation in camp activities:

CAMPER OR STAFF MEMBER SIGNATURE: _____ **DATE:** _____

MEDICAL PAPERWORK LATE FEES

All medical paperwork must be complete and received by the camp **NO LATER THAN 2 WEEKS BEFORE YOUR CHILD IS SET TO ARRIVE AT CAMP.** Complete medical files include the Health History form, a copy of the insurance card, and the Physician's Examination form. Late or incomplete files incur a medical late fee of \$25. The fee will be billed to your child's store account.

PLEASE MAIL COMPLETED FORMS TO:

(If sending **BEFORE** June 15): Camp (Nokomis or Lawrence), 360 Merrimack Street; Building #9, Suite 270, Lawrence, MA 01843

(If sending **AFTER** June 15): Camp (Nokomis or Lawrence) Nurse – Bear Island via Mailboat, Laconia, NH 03246