



## 2019 YMCA Camp Lawrence Activity Sign-up Sheet

Name: \_\_\_\_\_

Unit:     Junior         Middler         Senior

Session (Check all that apply):     First         Second         Third         Fourth

Please rate your top 6 choices (numbered 1 through 6, with 1 being your most desired) for each session:

Session 1	Session 2	Activity	Session 3	Session 4
		Archery		
		Arts and Crafts		
		Basketball		
		Campcraft		
		Canoeing		
		Fitness		
		Frisbee		
		General Sports		
		Kayaking		
		Kayaking (Advanced)^		
		Lacrosse		
		Music		
		Nature		
		Paddle Boarding		
		Photography		
		Ping Pong		
		Radio		
		Riflery		
		Robotics (Session 1 only)		
		Ropes (Junior)*		
		Ropes (Novice)**		
		Ropes (Advanced)***		
		Ropes (Super)****		
		Rugby		
		Sailing~		
		Snorkeling		
		Soccer		
		Theatre		
		Video (Month Program 1&2 or 3&4)		
		Volleyball		
		Waterskiing		

^Advanced Kayaking: You've must have taken at least **ONE** kayaking class at Camp Lawrence before

\*Junior Ropes: As a Junior Unit Camper, this is the **ONLY** ropes course you can take

\*\*Novice Ropes: If you have **NEVER** taken Ropes at Camp Lawrence before this is the **ONLY** ropes course you can take.

\*\*\*Advanced Ropes: You must have taken Novice Ropes at Camp Lawrence at least **ONE** time.

\*\*\*\*Super Ropes: You must have taken Advanced Ropes at Camp Lawrence at least **THREE** times.

~Sailing: Junior Sailing is one activity period. All other Sailing classes are a double period.



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### General Information:

- Activity days will consist of five activity periods, one of which will be swimming and is mandatory. The remaining four periods will be filled in using the above information.
- Please note the certain class restrictions that are listed underneath the table on the first page.
- Unit Breakdown: Juniors are typically 8 years old to entering 6<sup>th</sup> grade, Middlers are entering 7<sup>th</sup> and 8<sup>th</sup> grade, and Seniors are entering 9<sup>th</sup> grade to 16 years old.
- To participate in any water based activity (waterskiing, sailing, kayaking, canoeing) the camper must complete the required swim test that will be given on the day they arrive.
- Campers staying for multiple sessions can (and are encouraged to) have different schedules for each session. Please note your preferences for each session in the table above.
- There is the ability to adjust your activity once at camp depending on class availability.
- Activity Sheets will be dated in the order in which they are returned.

### **If you are sending the activity sheets BEFORE JUNE 14TH:**

Email [campinfo@mvyymca.org](mailto:campinfo@mvyymca.org) with the subject line "Camp Lawrence Activity Sheet"

**OR**

Mail to Merrimack Valley YMCA, 360 Merrimack Street, Suite 270, Lawrence, MA 01843

### **If you are sending the activity sheets AFTER JUNE 15TH:**

Email [camplawrence@mvyymca.org](mailto:camplawrence@mvyymca.org) with the subject line "Camp Lawrence Activity Sheet"

**OR**

Mail to Camp Lawrence, 187 Bear Island, Laconia, NH 03246

If there are any questions or concerns, please don't hesitate to reach out to the camp office via e-mail or phone at 978-975-1330.